Instructor: Andrew Marx
Email: amarx@brandeis.edu
Office: Office of the University Registrar Kutz 121

Course Description:
This class provides students with the tools to transition to a successful and fulfilling life after college. Our core topic areas include career planning and graduate school, stress management, and personal finance and budgeting. We also explore core skills such as communication, time management and prioritizing through a variety of interactive activities. Class participants will be expected to be active and engaged learners in class and on LATTE. Senior Year Experience: Future Forward class is not-for-credit that satisfies one Brandeis physical education requirement course.

Credit for this course will be earned through class participation, short written reflections posted to LATTE, and a final project.

Course Outcomes:
• Students will engage in exploration and critical thinking on the transitions and challenges they will encounter after their undergraduate experience ends.
• Students will gain an understanding of the skills they have developed and need to further develop to be successful and comfortable in the “real world.” There will be a focus on self-reliance, self-advocacy, and core personal values.
• Students will participate in a cooperative learning environment, exploring topics through small group discussions, dialogue, teamwork, presentations and other modes of experiential learning.
• Students will be encouraged to take greater responsibility for their self-awareness and confidence.

Course Requirements:
1) Attend at least one fitness class offered by the Athletics Department or athletic event.
AND
Attend at least one other campus-wide community event that you have not attended in the past or participate in a volunteer opportunity.
Select one activity for your final project in-class presentation. Full details will be discussed on October 8.
Due: Monday, November 26, 2018, Monday, December 3, 2018 or Monday, December 10, 2018

2) Meet one-on-one with Hiatt Career Center staff. Walk-in hours are available.
http://www.brandeis.edu/hiatt/
Due: Monday, December 3, 2018

3) Complete six readings and reflections on LATTE.
Due: the Monday after the reading is assigned
Class Attendance/Participation:
Our class runs once a week for the duration of the semester. In order for our class to reach its fullest potential, we need all students present and engaged in active, participatory learning. Please arrive to class on time. It is expected that students will turn off cell phones, laptops, or other electronic devices during class time, in order to respect their peers and learning environment unless needed for the activities within the class.

If you are sick or have a conflict with the class time, please notify the instructors through email at least 12 hours before the class begins if possible. If you are more than fifteen minutes late to class, it may count as an absence. Because attendance is a critical component, students are permitted 2 excused absences.

LATTE:
Students are required to check the course’s LATTE page throughout the semester. The instructor will post readings on LATTE. The readings will be short, thought-provoking, contemporary, and discussed in class. Students will be expected to prepare for the week based on the materials as well as contribute reflections to the readings or respond to another student’s post. Students can expect six read and reflect assignments during the semester. Any other assignments will also be posted to LATTE, along with changes to the class schedule.

Recommended Textbook
Adulting: How To Become a GrownUp in 535 Easy(ish) Steps by Kelly Williams Brown
This book is a suggested reading and may be helpful in thinking about life after college.

Accessibility Services:
If you are a student with a documented disability on record at Brandeis University, and wish to have a reasonable accommodation made for you, please notify the instructor as soon as possible. For more information about Accessibility Services at Brandeis, please refer to the office website: http://www.brandeis.edu/accessibility/

Academic Integrity:
Brandeis University Rights and Responsibilities http://www.brandeis.edu/studentaffairs/srcs/rr/. You are expected to be familiar with, and to follow, the University’s policies on academic integrity. Please consult Brandeis University Rights and Responsibilities for all policies and procedures. All policies related to academic integrity apply to in-class and take home projects, assignments, exams, and quizzes. Students may only collaborate on assignments with permission from the instructor. Allegations of alleged academic dishonesty will be forwarded to the Director of Academic Integrity. Sanctions for academic dishonesty can include failing grades and/or suspension from the university.

Safe Space for Discourse:
Students are expected to treat each other respectfully. This class, in person and online, is a safe space for discourse. Each person is entitled to their opinion, perspective and experience. As well, we ask that you:
1) Be mindful and respectful of your peers, instructors and invited guests.
2) Own your words and message. You are accountable for what you say.
3) Understand the discourse in this class, either during class or on LATTE, is not anonymous.
Course Outline

Thursday, September 6, 2018: Introduction and Course Expectations

Monday, September 17, 2018: Looking to the Future
Grill Your Instructor
Class Mission Statement

Tuesday, September 25, 2018: Budgeting 101
Money Lesson: Affording your Lifestyle

Monday, October 8, 2018: How to Make Good Financial Decisions
Final Project Overview
Life Lesson: How to Hard Boil Eggs

Monday, October 15, 2018: Deciding on Graduate School
Guest Speaker
Money Lesson: Student Loans

Monday, October 22, 2018: Job and Internship Searches
Resumes and Coverletters
Life Lesson: How to Proofread Your Own Writing

Monday, October 29, 2018: Finding Your Career Path
Money Lesson: Understanding a Benefits Package
Assign Final Project Presentation Dates

Monday, November 5, 2018: Careers: Interviewing and Applying
Money Lesson: Negotiating Salary

Monday, November 12, 2018: Your Financial Future
Money Lesson: Saving for the Future

Monday, November 19, 2018: Stress Management and Attentiveness to Self
Life Lesson: How to Sew a Button

Monday, November 26, 2018: Final Project Presentations
Life Lesson: How to Hang Framed Picture

Monday, December 3, 2018: Final Project Presentations
Grill Your Instructor II

Monday, December 10, 2018: Final Project Presentations